



# Code of Conduct

## Campbell River Skating Club



I, \_\_\_\_\_ understand and will abide by the rules of the Campbell River Skating Club.

### On Ice Rules:

1. Skaters are to be at the rink on time for all practice and lesson sessions. Speak with your coach if there is a problem being on time.
2. No food, gum or drinks other than water bottles on the ice.
3. No "fooling around" on/or off the ice (pushing, racing, kicking the ice etc.) No rowdiness or swearing will be tolerated. If a skater continually misbehaves, the coaches/current executive have the right to ask the skater to leave the ice for the remainder of the session.
4. No standing around or continuously talking with fellow skaters. Skaters will be limited to 5 minutes when working with another skater on a jump or spin.
5. If a skater should fall on the ice, it is important that the skater gets up quickly if not injured. Failing to do so is dangerous to the skater who has fallen and other skaters.
6. For safety reasons, long hair is to be tied neatly back from the skater's face.
7. Skaters having their solo played have the right of way.
8. In Skills & Dance skaters having their dance/skill music played have right of way.
9. Skater or Skaters in a lesson and Coaches giving a lesson have right of way.
10. Skaters are not allowed on the ice before their allotted time and must leave the ice promptly at the end of their allotted ice session.
11. Players boxes are out of bounds at all times (except for tying skates).
12. Skaters are expected to work on all ice sessions without standing around wasting time as this impedes the progress of other skaters.
13. Cell phone prohibited at ice surface. Emergency numbers to be given to the coach prior to season beginning.
14. A skater must get permission from a Coach to leave the ice for any reason.
15. Important - Please try to give your coach as much advance notice as possible if you need to cancel a lesson. Lessons not canceled in advance are subject to a charge.
16. A skater must be in good standing with club fees and former Coaches fees before hiring new coaches.
17. All STARSkate / Competitive Skaters- before leaving the ice must fill holes. Coaches will provide direction.
18. Volunteer or non-registered skating members are prohibited to interfere or interrupt a professional coach while they are engaged in any kind of lesson with the skaters at the ice surface or during an off-ice class.

### Dress Code:

1. Proper Skating Clothes must be worn at all time. (No jeans sweat pants, baggy pants or shirts, hats or Hoodies)
2. No bellies showing – if wearing a skirt – wear either a bodysuit or long top (that doesn't pull-up when you raise your arms) with appropriate upper body coverage
3. No large hair items or jewelry (earrings, etc.) – only small hair items and jewelry that will not fall on to the ice – fallen items on the ice are dangerous to skaters.

### Club Rules:

1. Courtesy and respect must be shown to all Coaches, Ad, fellow skaters and Executive members on and off the ice. If not, the coaches/current executive have the right to ask the skater(s) to leave the ice for the remainder of the session if on ice and placed under review with the Executive.

2. SOCIAL MEDIA FaceBook, Instagram, Twitter, SnapChat are great ways of communicating with all our club
- Rev. June 27/18 SS

members

(Skaters, Coaches, Parents, Executive) Cyber-Bullying and/or Cyber-Gossiping in any form (of another skater, Coach,

parent or executive member) will not be tolerated. If you are/have been contacted/bothered/targeted/copied on

a thread in a bullying or gossip scenario please inform your parents, your coach or an executive member.

2a. We remind all skaters/parents/coaches/executive to be mindful of the amount/type of information they are providing online, as well as the image of themselves and our Club that they are projecting to the public.

3. Bullying of any kind will not be tolerated. This includes but is not limited to derogatory comments, bullying and gossip that is spoken and/or written online. Th use of foul language or aggressive behaviour towards fellow skaters, coaches, parents, board member or facility staff. All violations will result in disciplinary actions (see appendix A)

4. To limit distractions and support safety and focus, cell phones and/or other devices are not permitted on or at the

ice surface. Any skater found with a device at/on ice surface will have this device confiscated until end of session.

Repeated offenses will result in disciplinary actions (see appendix A).

5. We have a no tolerance expectation regarding addictive substances, such as alcohol, cigarettes, drugs and vaporizers on Strathcona Gardens Property

6. Absolutely no skaters in the stands with skates on (facility rules).

7. We expect every skater, coach, parent, executive member to have a high level of honour, integrity, and to have pride in themselves, their club mates, coaches and the facility and to conduct themselves in a manner that reflects

positively on our Club. We expect this conduct on and off ice as well as when representing our Club at a competitions or test days.

8. Violations of this code of conduct will result in disciplinary actions, see Appendix A.

This CRSC Code of Conduct is to be signed by parent, their skaters and witnessed by a Executive member prior to the skater being permitted on the ice.

Skater’s Signature:

Date:

Parent’s Signature:

Date:

CRSC Executive Member Signature:

Date:

## APPENDIX A – Disciplinary Action

### First Violation – Verbal warning

**Respondent:** Skater - In **attendance:** Parent and 2 Executive members

**Respondent:** Coach/PA - In **attendance:** Parent (if PA) and 2 Executive members

**Respondent:** Parent - In **attendance:** 2 Executive members

**Respondent:** Executive Member - In **attendance:** 2 Executive members

**Second Violation –** One day/session suspension with no fee reimbursement.

**Third Violation –** One-week suspension from all club activities with no fee reimbursement.

**Fourth Violations –** Suspension for rest of season (September - August) with no fee reimbursement.